

SACRED HEART CATHOLIC PARISH

3910 SE 11th Ave. Portland, Oregon 97202

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Fr. Bob Barricks, Pastor

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PARISH OFFICE HOURS: Mon – Thursday, 8:30 am – 12:30 pm

Office is closed on Friday, Saturday and Sunday's

Sacrament of Reconciliation: Saturday, 4:00 – 4:15 pm

Masses: Wednesday, Thursday and Friday 11:00 am

Saturday, 4:30 pm; Sunday 10:00 am



March 2nd, 2025

Padre's Portion.... Last week, I wrote about prayer, and, honestly, I didn't feel really very good about what I said. So, I've been thinking a lot about prayer, the need to pray, how to pray, the constancy of prayer. Then the light came on to try again. I'd like us to focus on children – little ones.

Reflect first upon your experiences as a child praying with your parents or other adults. Do you remember any memories? Mine are centered around the Rosary. As a small person, I would remember hearing my mom and dad praying together in their bedroom after meal. I was enraptured by the rhythm. When I started Catholic grade school, the Rosary began to be taught to me reinforced by my parents. The Rosary could be found all over our home – on the kitchen table, on the dining room table and dad always carried one in his pocket – which my brother and I both still do today. It was “burned” into my heart by the constant Mary's prayer.

And my prayer increased in its seriousness. As a kindergartner, I would pray for a winning game, or an “A” on a test or to get to go somewhere. As I matured (thank the Lord!) my style of praying even to this day, I always ask the Lord for whatever is in my heart. I tell God everything like a little child. I try to keep my prayer unfiltered, open and honest. I am not afraid to ask for the hard stuff. God has time. But I also love to tease the Lord with the small stuff too. I believe in God in ALL ways.

And we're leaning into Lent next week. Wednesday begins our journey with Ash Wednesday. Add a dash more prayer to your prayer life now. Join me.

March 5th begins our Lenten Season with Ash Wednesday Masses will be at 11:00am and 6:30pm.

We will be having Stations of the Cross on the 6 Fridays of Lent, Stations start at 6:30pm with soup super following in the fellowship hall. We have two Friday's that still need volunteers to lead the stations and provide soup supper. If you are interested, please contact Lisa Rivelli at l.rivelli@sacredheartportland.org

The **USCCB Lenten regulations** include the following guidelines:

- **Fasting:** On Ash Wednesday and Good Friday, Catholics aged 18 to 59 are required to fast, which means they can have one full meatless meal and two smaller meals that together do not equal a full meal.
- **Abstinence:** All Catholic Kids aged 14 and older must abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- **Exceptions:** Individuals with chronic illnesses, pregnant or nursing women, and other specific cases may be excused from fasting and abstinence.

For more detailed information, you can refer to the official USCCB guidelines.

Mass Intentions for Mar 1st – Mar 9th

Sat, Mar 1 st	4:30 pm	Parishioners
Sun, Mar 2 nd	10:00 am	Mark Pavlakovich – Catherine & Frank Battilega
Wed, Mar 5 th	11:00 am	Blessings on our Lenten Journey to Easter
Wed, Mar 5 th	6:30 pm	For a prayerful Lenten Season for everyone
Thur, Mar 6 th	11:00 am	Bauke Heeg – The Megerts
Fri, Mar 7 th	11:00 am	+Steve Parscale – Bev Parscale
Sat, Mar 8 th	4:30 pm	+Gisella & +Tony Romano – Adler/Romano Family
Sun, Mar 9 th	10:00 am	Parishioners

First Sunday of Lent

Deuteronomy 26 :4-10 (24C)
Romans 10:8-13
Luke 4:1-13

This week at Sacred Heart

Tuesday	Office will be closed.
Wednesday	Ash Wednesday Mass at 11:00am and 6:30pm, Rosary precedes 11:00am Mass at 10:40am.
Thursday	Mass at 11:00am, Rosary precedes Mass at 10:40am.
Friday	Mass at 11:00am, Rosary precedes Mass at 10:40am. CIR Mtg@6pm in the Rectory basement Stations of the Cross @6:30pm in church, followed by Soup Supper in the Hall hosted by the Hospitality Committee.
Saturday	Saturday Mass at 4:30pm
Sunday	Sunday Mass at 10:00am. Coffee and Donuts after Mass in the Fellowship Hall.

An immense expression of gratitude to the Sacred Heart Community and Fr. Bob for your enthusiastic support of the Grow Love Gala two weeks ago. We are thrilled to share that we slightly exceeded our goal of \$40,000 to care for the children of Casa Francisco in Medellin, Colombia in the coming year. This provides daily basics, education and spiritual formation for children in desperate situations. Thank you, especially, for giving this event a home: a full 1/3 of attendees were from this parish. Whether you volunteered, encouraged, said a prayer, attended or contributed financially, you made a real difference. Thank you for your generosity, love and support. Blessings, always - Fr. Raul Marquez and the Gala Committee.

Catholic Charities -March 2025 - Matthew 25, features an important interview with a man who once was homeless and now has found home in a Catholic Charities community. Also, read the archbishop's message of comfort to those who feel threatened by new federal policies on migration. Learn about outreach to homeless people and what happened one day when the Catholic Charities van was on the road with a load of food. Pasted below is the link to the newsletter:

https://www.dropbox.com/scl/fi/p6ifu6n826d5shxyahjgw/Matthew_25_2025-03.pdf?rlkey=d4alpzz7gnw2igjhwdeo2a4ak&st=soz2vnvg&dl=0

This week is the Collection for the Church in Central and Eastern Europe. This collection supports the Church in more than 25 countries that are still struggling to recover from former communist rule. It also aids communities throughout the region that are affected by the war in Ukraine. Funds support pastoral care, catechesis, renovations, and seminary formation. Your contribution restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. You can find more information at www.usccb.org/ccee. #iGiveCatholicTogether also accepts funds for this collection if you prefer to donate online.

PLEASE KEEP IN YOUR PRAYERS THE SICK AND THOSE WITH SPECIAL NEEDS:

Melissa Anderson, Raemarie Arrigotti, Gloria Bigej, Kim Crittelli, Ron Etzel (Bev Parscale's brother), Paul Feltz, Nancy Fiorante, Mike Hanslits, Sally Hanslits, Sue Unfred Hays (Helen Unfred's daughter), Michele Heckenberger, Joe Hennesey, Joe and Jake Hoffart, Pam Hren, RuthAnn Kessler, Harold LeBlanc(Friend of the Middendorff's), Jen Lanning(Ron's DIL), Bill McCuin, Carol Middendorf, Pam (friend of Lisa Hodge), Susan Neidenbach, Steven O'Neal, Julie Oster (Jeanne Thomas' sister), Paul Rager, Bill & Alice Rose, Conor Ryan, Angela Schmitz(Friend of the Millers), Todd Small (Bev Parscale's cousin), Debbie Smeraglio, Dave Standley (Shalee Stacey's Father), Michael Tanda(Judy Caruso's relative), Michelle Whiteaker, Jim Wieland, Ron Zaraza, Kory Zimmerman

Ministry Schedule for the weekend of Mar 8th & Mar 9th

Greeters	Joe & Sue Rivelli	Larry & Sylvia Kelner
Lectors	Maria Ruckwardt	Frank Battilega
Cups	Mary Koeber & Theresa Rivelli	Amy Delegato & Carol Middendorff
Host	Host Needed	Host Needed
Altar Server	Mark Pavlakovich	Clayton Stacey
Ushers	Gary Lanctot & John McNulty	Larry Kelner & 1 Needed
Coffee & Donuts	NA	Bruce Alley, Margaret Barilko, Karen Mowrey
Sacristan	Hyginus Igwe	John Limb

Parish Staff

Michel Thorsteinson, Book Keeper m.thorsteinson@sacredheartportland.org	Marie Phillippi, Music Director
Lisa Rivelli, Administrative Asst. l.rivelli@sacredheartportland.org	Sue Rivelli, Parish Visitor
Shelley Samuels, Secretary s.samuels@sacredheartportland.org	
Jennifer Anderson, RE Teacher j.anderson@sacredheartportland.org	