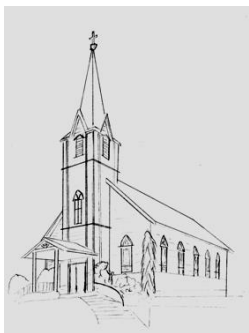


SACRED HEART CATHOLIC PARISH

3910 SE 11th Ave. Portland, Oregon 97202

www.sacredheartportland.org



Fr. Bob Barricks, Pastor

PARISH MAILBOX: sacredheart@sacredheartportland.org

(503) 231-9636

www.facebook.com/SacredHeartPortland

PARISH OFFICE HOURS: Mon – Thursday, 8:30 am – 12:30 pm

Office is closed on Friday, Saturday and Sunday's

Sacrament of Reconciliation: Saturday, 4:00 – 4:15 pm

Masses: Wednesday, Thursday and Friday 11:00 am

Saturday, 4:30 pm; Sunday 10:00 am

March 3rd, 2024

Padre's Portion..... I'll confess. I haven't participated in the "Stations of the Cross for a while. One reason was COVID but it was something my Mom really enjoyed and after she died I lost interest in attending. So this past 1st Friday of Lent, Pastoral Council was in charge of it so I led the Stations in the Church. We use an English translation that has been used here at Sacred Heart ever since I came. However, I was really moved by many of the passages I led the people in. Here's a few that I invite you to reflect upon and maybe even come to choose to join us.

"Lord Jesus Christ, help us to see in the sufferings and shortcomings of our lives a share in Your Cross; strengthen and console us in the belief that we bear all things in union with You, who have upon Yourself even our guilt."

"A faithful friend is a sturdy shelter; he who finds one finds a treasure. A faithful friend is beyond price, no sum can balance his worth. A faithful friend is a life-saving remedy."

"Though he was harshly treated he submitted and opened not his mouth; like a lamb led to the slaughter or a sheep before the shearers, he was silent and uttered no cry."

I lost track that I wanted to share with you from an article about "101 things to do for Lent." So here's some more. 1. On Friday's eat plant based protein; 2. Don't look at your cell phone when in the presence of others; 3. Arrive early; don't be late; 4. Ask a Senior Citizen for a story about his/her life; 5. Read a poem and ponder it; 6. Make a visit to a Church once a week; 7. No late night snacks for the rest of Lent; 8. Pray this week for someone who annoys you; 9. Pray the Morning Offering (remember it?) 10. Let yourself be bored; sit and be quiet.

We're about 1/2 way through Lent. How are you doing? God Bless You.

FB

Mass Intentions for March 2nd – March 10th

Sat, Mar 2 nd	4:30 pm	+Janet Anderson – Shirley Scarino
Sun, Mar 3 rd	10:00 am	Parishioners
Wed, Mar 6 th	11:00 am	Shirley Scarino
Thurs, Mar 7 th	11:00 am	Father Mike Gilson - Parishioner
Fri, Mar 8 th	11:00 am	+Steve Parscale – Bev Parscale
Sat, Mar 9 th	4:30 pm	Parishioners
Sun, Mar 10 th	10:00 am	+Mike Kelner – Mitzi Mills

Fourth Sunday of Lent

2 Chronicles 36:14-16, 19-23 (32B)
Ephesians 2:4-10
John 3:14-21

This week at Sacred Heart

Tuesday	RE Class @4:15pm
Wednesday	Mass at 11:00am , Rosary precedes Mass at 10:40am. Scripture Study after 11am Mass in the Fellowship Hall.
Thursday	Mass at 11:00am , Rosary precedes Mass at 10:40am.
Friday	Mass at 11:00am , Rosary precedes Mass at 10:40am. Adoration @6pm , Stations of the Cross @6:30pm , followed by Soup Supper in the Hall hosted by the First Communion Parents.
Saturday	Communal Reconciliation Service @ 10:00am Mass at 4:30pm.
Sunday	Sunday Mass at 10:00 am Men's Club Breakfast 11am – 1pm in the Fellowship Hall.

Next Sunday is the Men's Fellowship Parish Breakfast - March 10 after 10:00 Mass. (11:00-1:00pm).
 Fundraiser for the Parish Hall maintenance and new hall security system. Scrambled eggs, Sausage or Bacon and Pancakes. Coffee svc included. \$15 plate with meat, \$12 plate without meat.

Next week is The Catholic Relief Services Collection. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection an **reveal Christ's love** to those most in need. Learn more about the collection at www.usccb.org/catholic-relief.

St. Benedict's Retreat Center in McKenzie Bridge is hosting its Holy Week retreat once again, beginning Holy Thursday, March 28th to Easter the 31st.

Every year Holy Week helps us grow in our appreciation and understanding of the redeeming love that Jesus shows us through His Passion, Death and Resurrection. Come and join us as we prayerful reflect the depths of Jesus' redemptive love in the beautiful setting of the McKenzie Bridge. Retreat highlights: Holy Thursday Mass, Good Friday Liturgy, Way of the Cross, opportunity for individual confessions and time for private prayer and reflection.

Cost for the retreat is \$175 per person for a private dorm room. Cabins are extra. Send \$50 deposit to register: St. Benedict's Lodge. 56630 North Bank Rd. McKenzie Bridge, OR 97413. To register, or for more info: 541-822-3572 or stbenedictretreat@gmail.com

CIR (Catholic in Recovery) is sponsoring a retreat at Our Lady of Peace Retreat House in Beaverton, May 17 – 19. It will include personal testimonies of men and women who have found freedom from a variety of addictions, compulsions and unhealthy attachments. The combination of traditional 12 Step spirituality with Catholic sacramental spirituality is powerful. More information and Register online: www.catholicinrecovery.com/events **Curious?** Come to a meeting in the basement of Sacred Heart Parish Office, Friday, now at 6:00 – 7:00 PM or call Sr. Margaret 503-347-9942.

“Beginning Experience ® Weekend” Retreat For Separated, Divorced & Widowed Adults

Date: Friday, April 5, 2024 - Sunday, April 7, 2024, **Location:** Griffin Center, Milwaukie

\$75 DEPOSIT per person. *Register early, space is limited!!!*

Beginning Experience® programs serve people who have suffered the loss of a spousal relationship. Team members offer compassionate support and guidance for working *through* grief and pain towards a new beginning with renewed hope.

Please visit our Beginning Experience of Oregon website at www.beeforegon.org by: **March 22, 2024 to download the registration form, and mail in your deposit.**

Email (BE of Oregon): beeforegon@gmail.com **Beginning Experience International Ministry** is recognized by Marriage and Family Life offices across the USA.

The Catholic Friendship Group is for single Catholics ages 40 to 60 throughout the Archdiocese of Portland who are looking to grow in faith and fellowship. We meet every other week from 7PM-8:30pm at St. Birgitta's, 11820 NW St. Helens Rd. See our 2024 slate of topics at www.catholicfriendshipgroup.com. Join us in March! On 3/1 we'll view and discuss C.S. Lewis' "Mere Christianity" video; and on 3/15, Fr. Clifton will present on Vatican II.

PLEASE KEEP IN YOUR PRAYERS THE SICK AND THOSE WITH SPECIAL NEEDS:

Raemarie Arrigotti, Dennis Berry (Joan Danna), Gloria Bigej, Rose Boyd, Kim Crittelli, Ron Etzel (Bev Parscale's brother), Nancy Fiorante, Sue Unfred Hays (Helen Unfred's daughter), William Hill, Joe and Jake Hoffart, Pam Hren, RuthAnn Kessler, Harold LeBlanc (Friend of the Middendorff's), Jen Lanning (Lynne & Ron's DIL), Debbi Livesay (Judy Caruso's relative), Pam (friend of Lisa Hodge), Daryl Phillippi, Paul Rager, Nigel Rogers, Bill & Alice Rose, Angela Schmitz (Friend of the Millers), Todd Small (Bev Parscale's cousin), Tommi & Steather Smith (Judy Caruso's sister and brother-in-law) Dave Standley (Shalee Stacey's Father), Michael Tanda (Judy Caruso's relative), Lynne Wehrman, Michelle Whiteaker, Jim Wieland, Ron Zaraza, Kory Zimmerman

Ministry Schedule for the weekend of March 9th & March 10th

Greeters	Carol Miner & Nancy Peters	Addy & Steve Huss
Lectors	Maria Ruckwardt	Frank Battilega
Cups	Carol Pomante & Barbara McLaughlin	Amy Delegato & Carol Middendorff
Altar Server	Mary Ann Kappa	Clayton Stacey
Ushers	Joe Rivelli & Hyginus Igwe	Ezra Tracy & Larry Kelner
Coffee & Donuts	NA	Bruce Alley, Margaret Barilko, Karen Mowrey
Sacristan	Walter Englert	Scott Tracy

Parish Staff

Michel Thorsteinson, Book Keeper m.thorsteinson@sacredheartportland.org Marie Phillippi, Music Director
 Lisa Rivelli, Administrative Asst. l.rivelli@sacredheartportland.org Sue Rivelli, Parish Visitor
 Shelley Samuels, Secretary s.samuels@sacredheartportland.org
 Jennifer Anderson, RE Teacher j.anderson@sacredheartportland.org