



SACRED HEART CATHOLIC CHURCH

FEBRUARY 15, 2026

SIXTH SUNDAY IN ORDINARY TIME



MASS SCHEDULE

Saturday Vigil

4:30 PM

Sunday Mass

10:00 AM

Weekday Masses*

Wednesdays, Thursdays, and Fridays

11:00 AM

*Preceded by the Rosary at 10:40 AM

CONFESSION TIMES

Saturdays

3:30 PM to 4:15 PM

Father Mike is also available for confessions via appointment.

If you are in need of the Sacrament of Reconciliation, please contact Father Mike or the Parish Office.

Parish Office:

3910 SE 11th Ave,
Portland, Oregon 97202

Contact Information:

503-231-9636
sacredheart@sacredheartportland.org
www.sacredheartportland.org
www.facebook.com/SacredHeartPortland/

(Monday - Thursday: 9:00 AM to 12:00 PM)

PARISH STAFF

Rev. Michael Kueber, Pastor
mkueber@archdpx.org

John Limb, Pastoral Council Chairperson
limbpx@comcast.net

Brian Thomas, Administrative Council Chairperson
bthomas227@comcast.net

Peggy Ryan, Office Manager
p.ryan@sacredheartportland.org

Estrella Dolores-Lopez, Office Receptionist
edolores-lopez@archdpx.org

Karen Chapman, Accountant
kchapman@archdpx.org

Jennifer Anderson, Religious Education Director
j.anderson@sacredheartportland.org

Marie Phillippi, Music Director
mp42pdx@gmail.com

Readings for First Sunday of Lent*

February 22, 2026

First Reading

Genesis 2:7-9; 3:1-7

Responsorial Psalm

Psalm 51:3-4, 5-6, 12-13, 17

Second Reading

Romans 5:12-19 or 5:12, 17-19

Gospel

Matthew 4:1-11

*Wednesday Bible Study at 11:45 AM

led by Mary Merrick
(merrickmf@sacredheartportland.org)

There will be no Bible Study on
02/18/2026 (Ash Wednesday)

Next Bible Study: 02/25/2026

PARISH NEWS & ACTIVITIES

- ✧ The Parish Office will be closed on Monday, February 16, 2026 in observance of President's Day.
- ✧ St. Vincent de Paul needs bar soap and breakfast cereal in the food pantry to give to families in need. If you would like to donate, please get in touch with Ron Zaraza at 503-936-7716 or rzaraza@gmail.com.

Ash Wednesday

✦ February 18, 2026 | Mass at 11:00 AM and 7:00 PM

✧ *Fast & Abstinence*

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

- ✧ Starting Thursday, Father Mike will also be available to hear confessions after Mass. *"Penance is an experience of the gift of God's boundless mercy."*
- ✧ Pray with Us: Pray the **Stations of the Cross** in church during the **six Fridays of Lent** beginning this **Friday, February 20, 2026 at 6:30 PM** followed by **Soup Supper in the Fellowship Hall**.

FROM THE PASTOR

Rev. Michael Kueber, Brotherhood of the People of Praise

Making good liturgy better

Dear Parishioners,

Last Saturday I met with three parish leaders who help coordinate and plan for the liturgical celebrations of Lent. I am so impressed by our volunteers and the piety of our people. They are so faithful in attending mass and supporting their parish at Sacred Heart. I consider it a great blessing to celebrate the mass with you and to make an offering of ourselves to the Lord.

Making good liturgy better means that we are already celebrating beautiful liturgies, but we want to become better. There are two practices I would like to encourage to make a good liturgy better. One is a part of the liturgy already: keeping silence at designated times during the liturgy. The first is after the priest introduces the penitential rite. He says, "to prepare ourselves to celebrate the sacred mysteries. Let us call to mind our sins." The priest is supposed to give you a moment of silence so that you can think of your sins and repent of them. The rest of the moments of silence are after the word of God is proclaimed. There should be a brief moment of silence after the first reading, after the second reading, and after the homily at the end of mass to as the priest is cleaning the vessels, silence can be observed. All of these moments of silence help us pay attention and ponder what we hear and apply it to our lives.

The second way to make good liturgy better is to go to confession during Lent. This is a way of taking stock of our lives, recognizing our sins, and asked for God's pardon and peace. The Lord is merciful and wants to forgive us and give us a new life. I think going to confession would be a good way for all of us to make good liturgy better at Sacred Heart. To that end, I will be offering confession after daily masses during Lent on Wednesday, Thursday, and Friday.

Sincerely in Christ,

Fr. Mike

PARISH PRAYER LIST

Raemarie Arrigotti, Gloria Bigej, Kim Crittelli, Ron Etzel (Bev Parscale's brother), Nancy Fiorante, Mike Hanslits, Sally Hanslits, Sue Unfred Hays (Helen Unfred's daughter), Michele Heckenberger, Joe Hennesey, Joe and Jake Hoffart, Pam Hren, RuthAnn Kessler, Harold LeBlanc (friend of the Middendorff's), Jen Lanning (Ron's daughter-in-law), Steven O'Neal, Julie Oster (Jeanne Thomas' sister), Jackie Paramorem, Paul Rager, Allan Raschio, Bill Rose, Conor Ryan, Angela Schmitz (friend of the Millers), Todd Small (Bev Parscale's cousin), Debbie Smeraglio, Michael Tanda (Judy Caruso's relative), Michelle Whiteaker, Jim Wieland, Ron Zaraza, Kory Zimmerman, Elaine Fandrem (Lisa Hodge's mother), Cynthia Birch, Jack West, Joe West and Family (Joanna West), Tom Morgan, Judith Yocom (friend of Carol Middendorff), Bernita Schoenheit, Joan Danna, Rev. Bob Barricks, Jim Kost, Warren Johnson (great grandson of Jim and Jeri Kost), Edward Immel, Sally Bosserman

MASS INTENTIONS

| | |
|---|---|
| <p>Saturday, February 14, 2026 4:30 PM</p> | <p><i>Offered for:</i> +Christine Kueber <i>From:</i> Ron Kueber</p> |
| <p>Sunday, February 15, 2026 10:00 AM</p> | <p><i>Offered for:</i> Parishioners <i>From:</i></p> |
| <p>Wednesday, February 18, 2026 11:00 AM</p> | <p><i>Offered for:</i> <i>From:</i></p> |
| <p>Wednesday, February 18, 2026 7:00 PM</p> | <p><i>Offered for:</i> <i>From:</i></p> |
| <p>Thursday, February 19, 2026 11:00 AM</p> | <p><i>Offered for:</i> <i>From:</i></p> |
| <p>Friday, February 20, 2026 11:00 AM</p> | <p><i>Offered for:</i> <i>From:</i></p> |
| <p>Saturday, February 21, 2026 4:30 PM</p> | <p><i>Offered for:</i> Parishioners <i>From:</i></p> |
| <p>Sunday, February 22, 2026 10:00 AM</p> | <p><i>Offered for:</i> <i>From:</i></p> |

MINISTRY SCHEDULE (FEBRUARY 21/22, 2026)

| MINISTRY | SATURDAY VIGIL 4:30 PM | SUNDAY MASS 10:00 AM |
|-------------------------------|------------------------------|--|
| Greeter | Lori Cavanagh Rob Kappa | Diane Boland Joanne Hoffart |
| Usher | Hyginus Igwe John McNulty | Casper Yu Andrew Schoenheit |
| Sacristan | Laura Mae McCuin | Margaret Barilko |
| Altar Server | Mary Ann Kappa | Larry Kelner |
| Lector | Mary Kline | First Reading: Mark Pavlakovich Second Reading; Prayers of the Faithful: Barbara Hill |
| Host Minister | Barbara McLaughlin | Keith Schoenheit |
| Cup Minister | Char Parr Carol Pomante | Sylvia Kelner Carol Middendorff |
| Coffee and Donuts Host | N/A | Nansiatta Stein Karen Raya |